



SIMPLY PERIO®
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Most people won't recognize
they have a form of Gum Disease. | simplytest.com

Ask your dentist &



Understanding Your Potential



Health Risks

offers the opportunities to **STOP** and even **REVERSE** systemic disease progression.

DISEASE RISKS CONNECTED TO ORAL PATHOGENS

- Alzheimer's Disease (Aa, Pg, Tf, Td, Fn, Pi, V)
- Heart Disease/Attack (Aa, Pg, Tf, Td, Fn, Fa, Pi, Cr, Ec, Sm, Ca, V)
- Stroke (Aa, Pg, Tf, Td, Fn, Fa, Pi, Cr, Sm, Ca)
- Diabetes (Aa, Pg, Tf, Td, Fa, Sm, Ca)
- Cancer (Aa, Pg, Tf, Fn, Fa, V)
- Kidney Disease (Pg, Tf, Td)
- Rheumatoid Arthritis (Aa, Pg)
- Adverse Pregnancy Outcomes (Aa, Pg, Tf, Td, Fn, Fa, Pi, Ec, Sm)
- High Blood Pressure (Aa, Pg, Tf, Td, Fn, Ec)
- Liver Disease (Aa, Pg, Tf, Td, Fn, V)
- Multiple Sclerosis (Pg)
- Women's Health (Fa, Ec)
- Gut Health (Pg, Fa, Fn, V)

90%

of the population
**HAVE A FORM OF
GUM DISEASE** ¹

Gone unchecked, the pathogens and their toxins can easily move through the bloodstream with far reaching and catastrophic effects on the heart, arteries and central nervous system.

95%

OF DIABETICS
have gum disease lowering
glycemic control.

70%

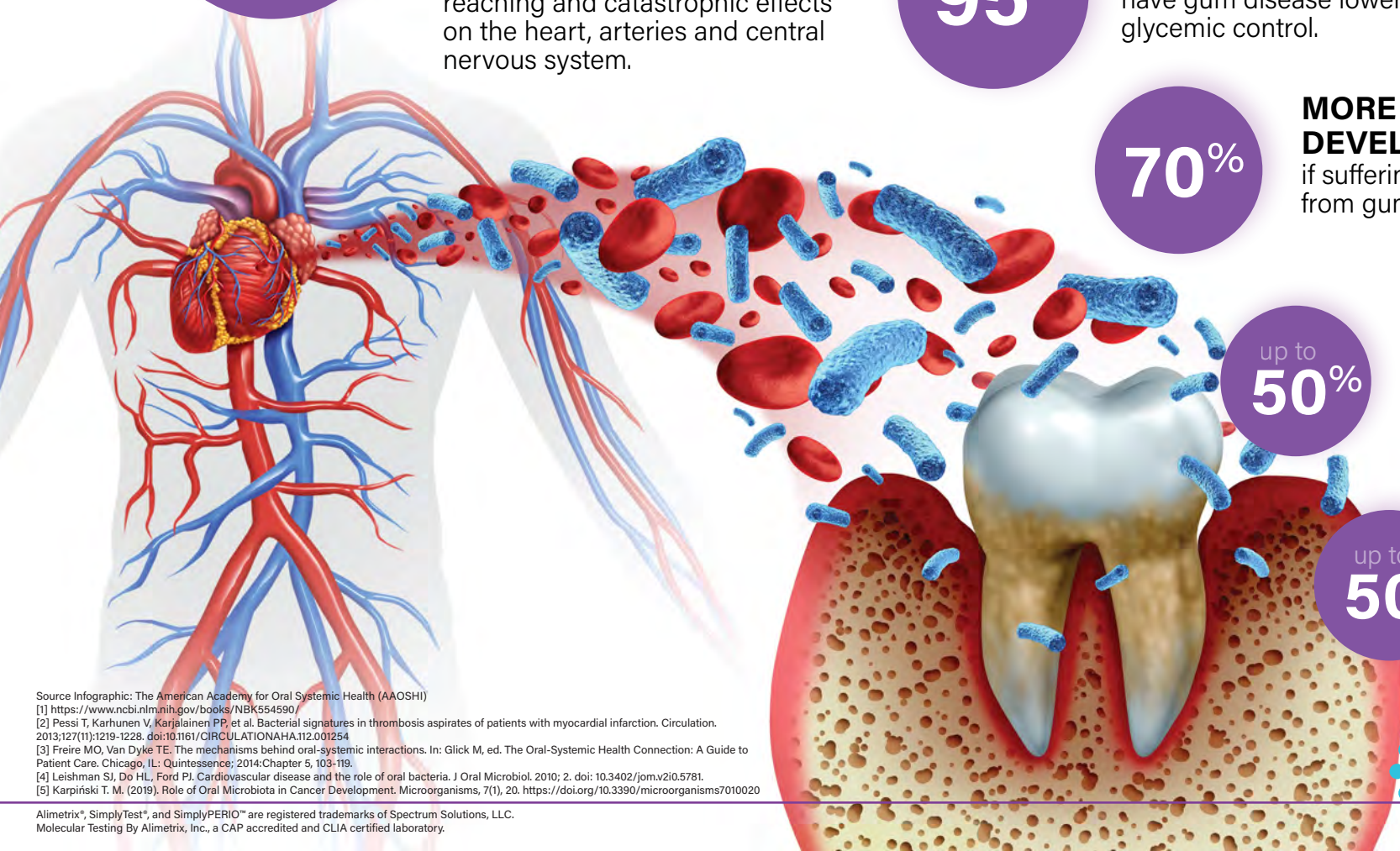
**MORE LIKELY TO
DEVELOP ALZHEIMER'S**
if suffering over 10 years
from gum disease.

up to
50%

**HEART ATTACKS
& STROKES ARE**
triggered by oral bacteria. ^{2,3,4}

up to
50%

**GREATER RISK
OF CANCER**
with gum disease. ⁵



Source Infographic: The American Academy for Oral Systemic Health (AAOSHI)
[1] <https://www.ncbi.nlm.nih.gov/books/NBK554590/>
[2] Pessi T, Karhunen V, Karjalainen PP, et al. Bacterial signatures in thrombosis aspirates of patients with myocardial infarction. Circulation. 2013;127(11):1219-1228. doi:10.1161/CIRCULATIONAHA.112.001254
[3] Freire MQ, Van Dyke TE. The mechanisms behind oral-systemic interactions. In: Glick M, ed. The Oral-Systemic Health Connection: A Guide to Patient Care. Chicago, IL: Quintessence; 2014:Chapter 5, 103-119.
[4] Leishman SJ, Do HL, Ford PJ. Cardiovascular disease and the role of oral bacteria. J Oral Microbiol. 2010; 2. doi: 10.3402/jom.v2i0.5781.
[5] Karpinski T. M. (2019). Role of Oral Microbiota in Cancer Development. Microorganisms, 7(1), 20. <https://doi.org/10.3390/microorganisms7010020>

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